Article 10.4 of Hockey Quebec’s Administrative Regulations provides that each player must read and sign the «Player’s Code of Ethics». Failure to respect or abide by an obligation in said Code of Ethics could lead to a sanction.

To fully benefit from playing amateur hockey, the player must have a positive attitude and deportment, which calls for the highest forms of fair-play. The important point is not necessarily to win or lose but the manner in which the game is played. He should never lose sight that hockey is merely a game. To gain maximum benefit from the game of hockey, a player must:

A. Play for fun, always remembering that hockey is a means, not a goal;
B. Thoroughly follow the rules of the game and the Chart for Fair-Play;
C. At all times, accept and respect the officials' decisions;
D. Respect officials, opponents and their fans who, finally, are not enemies;
E. Always remain in self-control in order that hockey, a robust sport, does not become violent or brutal;
F. Behave properly both on and off the ice, especially by using proper language and avoiding vulgar and blasphemous language;
G. Consider his team mates on an equal basis and offer all of them the same cooperation;
H. Respect his coaches and other management personnel and abide by the directives when such are not contrary to his well being;
I. Play with intensity without giving up after a loss and over-bragging following a win;
J. Respect other people’s property and avoid any theft or vandalism.
K. Use the social networks, Internet and other electronic medias in an ethical manner and respectful of my colleagues, coaches and directors; and do not use them to provoke opponents or another member of Hockey Quebec.
L. Refrain from using alcoholic drinks, drugs or any consumption of products of doping in sport.
M. Ensure that everyone is treated in a respectful and fair manner, regardless of age, sex, colour, race, citizenship, ethnic origin, language, religion, disability, gender identity or sexual orientation.
N. Commit to comply with all requirements and recommendations of the Quebec Public Health and other government authorities, and to put in place and adopt all necessary measures to do so in respect with the Federation's return to hockey plan.
O. Ensure full confidentiality in all cases, including those related to COVID-19.
P. Strictly observe the Hockey Quebec rules in respect to its return to hockey plan as well as public health rules.
Q. Accept and respect at all times the decisions of administrators, coaches and officials in connection with Hockey Quebec's return to hockey plan as well as public health rules.
The novel coronavirus, COVID-19 has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is known to spread mainly by contact from person to person. Consequently, local, provincial and federal governmental authorities recommend various measures and prohibit a variety of behaviors, in order to reduce the spread of the virus.

Hockey Québec and its members, which Minor Hockey Association/Organization is part of, commit themselves to comply with the requirements and recommendations of Quebec’s Public health and other governmental authorities, and to put in place and adopt all necessary measures to that effect. However, Hockey Québec and Minor Hockey Association/Organization cannot guarantee that you (or your child, if participant is a minor/ or the person you are the tutor or legal guardian of) will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19, despite all preventative measures put in place.

By signing this document,

1) I acknowledge the highly contagious nature of COVID-19 and I voluntarily assume the risk that I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) could be exposed or infected by COVID-19 by participating in Hockey Québec or Minor Hockey Association/Organization activities. Being exposed or infected by COVID-19 may particularly lead to injuries, diseases or other illnesses.

2) I declare that I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) am participating voluntarily in Hockey Québec or Minor Hockey Association/Organization activities.

3) I declare that neither I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) nor anyone in my household, have experienced cold or flu-like symptoms in the last 14 days (including fever, cough, sore throat, respiratory illness, difficulty breathing).

4) If I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) experience, or if anyone in my household experiences any cold or flu-like symptoms after submitting this declaration, I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) will not attend any of Hockey Québec or Minor Hockey Association/Organization activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

5) I have not (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of), nor has any member of my household, travelled to or had a lay-over in any country outside Canada in the past 14 days. If I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) travel, or if anyone in my household travels, outside Canada after submitting this declaration, I (or my child, if participant is a minor/ or the person I am the tutor or legal guardian of) will not attend any of Hockey Québec or Minor Hockey Association/Organization activities, programs or services until at least 14 days have passed since the date of return.

I HAVE SIGNED THIS DOCUMENT FREELY AND WITH FULL KNOWLEDGE.

Name of participant (print)  Name of parent/tutor/ legal guardian (print)
(if participant is minor or cannot legally give consent)

Signature of participant  Signature of parent/tutor/legal guardian

Place / Date: ________________________________