RETURN TO HOCKEY

INITIATION ANNEX

RETURN TO HOCKEY PLAN

THIS DOCUMENT IS AN ANNEX TO HOCKEY QUÉBEC’S RETURN TO HOCKEY PLAN
GUIDELINES FOR THE TIM HORTONS MAHG PROGRAM

- Contributors who apply the Tim Hortons MAHG Program must follow and apply the Federation’s Return to Hockey Plan.
- Maintain the philosophy and procedures of the Tim Hortons MAHG Program.
- Maintain the number of lessons for the 2019-2020 season.
- Lessons for the Tim Hortons MAHG Program can start from the weekend of September 26 and 27.

Number of participants
MAHG 0
(Parents/enfants)
Maximum of 22 participants, including players, coaches and parents.
Each parent only interacts with their child.
OR
Follow the MAHG 1 & 2 guidelines.

Number of participants
MAHG 1 & 2
GREEN AND YELLOW ZONES
Maximum of 32 players (8 players per rink corner).
12 coaches, or 3 per corner with the required protection*.
1 master-coach or, in his absence, 1 lesson coach.
ORANGE ZONE
Maximum of 25 participants (players, corner coaches and master-coach included)

Number of participants
MAHG 3 & 4
GREEN AND YELLOW ZONES
Maximum of 32 players (8 players per rink corner).
Maximum of 4 goalkeepers.
12 coaches, 3 per corner with the required protection* and 1 goalkeeper coach.
1 master-coach or, in his absence, 1 lesson coach.
ORANGE ZONE
Maximum of 25 participants (players, corner coaches, master-coach and goaltender coach included)
**Locker rooms**
In order to respect social distancing, access to the locker rooms is prohibited.
The MHA and the infrastructure manager determine in advance an area for the parent to lace their child’s skates.
The use of blade guards is recommended for travel.

**Required protection**
Wearing the procedural mask and eye protection is mandatory for all coaches.

**Evaluations**
Adjustments between players can be made within a same group.
The players in sub-groups are of the same level.

**Participants arrival**
Participants arrive at the rink partially dressed in their equipment, a maximum of 10 minutes before the activity.
Only one parent per player.
GUIDELINES FOR INITIATION GAMES

**U7 (PRE-NOVICE) ICE THIRDS**

- Maintain the Tim Hortons MAHG Program philosophy and procedures.
- Maximum of 8 players per team, maximum total of 32 players on the ice.
- 2 games per ice simultaneously. *
  * Depending on the regional alert level.

Games are played rink wide. Use of only 2 ice third sections (the central zone is empty). *
  * Depending on the regional alert level.

- During games, coaches and resting players remain on the ice in the empty central zone.
- People in charge of boards installation must wear a procedural mask.

**U9 (NOVICE) HALF ICE**

- Maintain the Tim Hortons MAHG Program philosophy and procedures.
- Games can begin the weekend of December 5 and 6.
- Maximum of 8 players and 1 goalkeeper per team, maximum total of 32 players and 4 goalkeepers on the ice.
  2 half-ice games played simultaneously. *
  * Depending on the regional alert level.

- 2 coaches per team maximum.
  Wearing the procedural mask and eye protection is mandatory behind the bench.
- People in charge of boards installation must wear a procedural mask.