1. **PASSING**
   - Circle one-touch pass
   - With or without player chasing in middle

2. **PASSING**
   - Clockwise and counterclockwise one-touch passing

3. **PASSING**
   - Pass and skate to replace whoever you passed to around circle

4. **PASSING**
   a) Square around the net
      - Shoot on signal
      - With or without man in middle
   b) Three on Two
      - Cannot pass back to the one who passed to you
One-touch passing

Middle:
- Play the area in the center or in front of the net.
- Play in set-up positions.
- Czech p-positions and basic.
- Basic five on 0.

Pucks on NHL (vice)

One-touch passing with stick.

Player successfully passing to one of three or four of five players.

Passing drill:
- 0 passes back to 02.
- 0 passes to 03.
- 03 passes to 02.
- 0 to 02 back to 03.

Passing drill.

Geneva Continuous.
9. PASSING: Five against two players charging the point
- defenders have sticks turned over or defenders do not have sticks

10. PASSING: Five against two players protecting the net
- defenders have sticks turned over or defenders do not have sticks

11. PASSING: Five against two players facing the side
- sticks turned over (defenders) or no sticks (defenders)

12. PASSING: Five against three players rotating
- sticks turned over or no sticks
17. **SHOOTING OFF THE PASS**

   a) 6 to 2 to 3 for shot off the pass

   b) 6 to 2 to 3 back to 2 for shot off the pass

18. **SHOOTING OFF THE PASS**

   a) E to 2 to 3
      - both 2 and 3 slide over
      - 2 and 3 are now 20-30' apart
      - 2 and 3 pass back and forth and shoot off the pass

   b) 6 to 2 who sprints to the middle
      - 3 slides down to the dot
      - 2 passes to 3 for shot off the pass or back to 2 for shot off the pass

9. **SHOOTING OFF THE PASS**

   E to 2 to 3 who slides down to dot and back to top while 2 slides to the top and down to the dot

   3 passes to 2 for shot off the pass

0. **SHOOTING OFF THE PASS**

   6 to 2 to 3 to 2 at the dot (shot off the pass)
21. Pass back to the point first.  
Stretch the defenders out.

22. Pass back to the point first.  
D to D to stretch both.

23. Be a threat (wrist p-p)?

24. Be a threat (wrist p-p)?

25. Pass to forward for a shot.
P-X forwards out and pass.

Access to forward for a shot.

The net
Shoot (wrist) the puck in

Slide

Take a pass

Take a shot
25. CARRY THE PUCK UP THE ICE AT FULL SPEED

(2) carries behind the net and up to the first blueline before passing to (5) who passes across to (6).

26. CARRY THE PUCK UP THE ICE AT FULL SPEED

On whistle, both (2), at each end behind the net, race to the first blueline with the puck before passing to (6) who quickly passes it over to (4) flying down the side.

27. TIMING AND CARRYING THE PUCK UP THE ICE AT FULL SPEED

(2) times himself with (3) and (4) and all (3) come up the ice full speed together. Read and react at full speed.

28. TIMING AND CARRYING THE PUCK UP THE ICE AT FULL SPEED

- 02 shoots on net, then picks up a puck behind the net and times himself with 02 and 03.
- 2nd and 3rd player in line curl in opposite corner.
- 04 (4th in line) becomes the center swinging at the blueline.
- 05 (5th in line) becomes the high man stretching the defense.
33. **P-P BREAK-OUT**: Carry in at full speed.
   Player 2 moves to Player 4, then back to Player 5. Player 3 and Player 4 carry in at full speed behind Player 5's pick play.

34. **P-P BREAK-OUT**: Carry in at full speed.
   Player 2 moves to Player 3, across to Player 4. Players 4 and 5 criss cross to help carry in at full speed. Player 4 passes to either Player 2 or Player 3.

35. **P-P BREAK-OUT**: Carry in at full speed.
   Player 2 carries the puck up the middle to Player 5, then back to Player 4. Players 4 and 5 carry in at full speed.

36. **P-P BREAK-OUT**: Carry in at full speed.
   Player 2 carries the puck up to center ice. Player 2 passes to Player 6, the high man. Player 6 passes to either Player 5 or Player 2.
- Defense
  - Take a pass move along the blueline and shoot - slapshot and wrist shot
    add man in front
  - take a pass move along the blueline, pass to the other D at the top of
    the circle - one timer

- Offense
  - D moves across to the middle, the other D moves along the blueline to the boards, D
    passes to the boards, takes a return pass and shoots
  - Move puck D and FWD and when FWD has a passing lane
    he passes to right hand FWD at the side of the net.
3. D pass to the forward coming off the boards. (Use the face off circle for the path of the forward.)
   Right shot D to right shot forward
   Left shot D to left shot forward
   Change D left shot to right forward

4. D to F coming from boards to forward in the slot - one timer
   Right Shots
   Left Shots
5. High Plays

4 Options

Around the Horn

Wrist
D Give and Go

Give and Go Pass to Offside D

D to Left Shot

Pass to Slot or to Far D

Pass to Slot or to Slot
Low Plays

Czech
Pass across or stuff - Either side of net depending on left or right shots

Give and Go

Pass Back

Around Net with Pick
- 7 -

Around the Net
High Pick

3 Across, F in Front

Forward picks, pass to nearside D or offside D

Pass to Forward

Behind the Net

-7-
6. *Power Play Breakouts*

5 vs. 0
5 vs. 2D
5 vs. 1F 2D
5 vs. 2F 2D

Turn Up
7. 5 vs. 3  5 vs. 4

- each end  - 2 groups
- no sticks, turn sticks, live
- move puck quickly or move with the puck

8. Power Play Scrimmage

vs. 3 first, then vs. 4
If the penalty killers get the puck ice it immediately in the initial stages of these drills
Practice Offensive Zone Faceoffs